MARK O. MCCONKEY

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Abbreviated Curriculum Vitae - Updated 2022.

EDUCATION

1995 - 2000	**Bachelor of Science** Biopsychology, University of British Columbia
2001 - 2005	**Doctor of Medicine** University of British Columbia
2005 - 2010	**Fellow of the Royal College of Surgeons of Canada, FRCSC** Residency, Department of Orthopaedics, University of British Columbia
2010 - 2011	**Fellow, Orthopaedic Sports Medicine** Department of Orthopaedics and Rehabilitation, University of Iowa
09/2011 - 01/2012	**Fellow, Hip Arthroscopy & Sports Medicine** Millennium Institute of Sport and Health, North Shore City, New Zealand

EXAMINATIONS & DIPLOMAS

2003	**United States Medical Licensing Exam Step 1** (USMLE 1)
2005	**Licentiate of the Medical Council of Canada Part 1** (LMCC 1)
2006	**Licentiate of the Medical Council of Canada Part 2** (LMCC 2)
2007	**Principles of Surgery Examination** Royal College of Physicians and Surgeons of Canada
2008	**United States Medical Licensing Exam Step 2 CK** (USMLE 2 CK)
2008	**United States Medical Licensing Exam Step 2 CS** (USMLE 2 CS)
2009	**United States Medical Licensing Exam Step 3** (USMLE 3)
2010	**Orthopaedic Surgery Fellowship Examination** Royal College of Physicians and Surgeons of Canada
2011	**American Orthopaedic Society for Sports Medicine (AOSSM) Fellows Examination**

HOSPITAL PRIVILEGES

Lions Gate Hospital

Squamish General Hospital

Cambie Surgery Centre

False Creek Surgical Centre

PROFESSIONAL AFFILIATIONS

Doctors of BC

Canadian Orthopaedic Association

BC Orthopaedic Association
Vancouver Coastal Health Authority Regional Director

Royal College of Physicians and Surgeons of Canada

American Orthopaedic Society for Sports Medicine

Arthroscopy Association of North America

International Society of Arthroscopy, Knee Surgery & Orthopaedic Sports Medicine

Arthroscopy Association of Canada

University of British Columbia
Clinical Assistant Professor, Division of Arthroscopy

PROFESSIONAL ACTIVITIES

2009 - 2015	**Physician** Canadian Alpine Ski Team
2010 - 2011	**Physician** University of Iowa Hawkeyes Football Team
2010 - 2011	**Physician** University of Iowa Hawkeyes Gymnastics, Softball & Baseball Teams
2011 - 2015	**Manuscript Reviewer** American Journal of Sports Medicine
2011 - 2020	**Manuscript Reviewer** Clinical Orthopaedics and Related Research

2012 - Present	**Manuscript Reviewer** Orthopedics
05/2014	**Team Broken Earth, Vancouver** Medical Mission, Port-au-Prince, Haiti
2014	**Clinical Skills Instructor, Musculoskeletal block, Year 2 Medicine** University of British Columbia Faculty of Medicine
2015 - Present	**UBC Discipline Specific Student Leader, Orthopaedics** Lions Gate Hospital
2015 – Present	**BC Orthopaedic Association Executive Committee** Member
2016 - 2019	**Medical Staff** Canadian National Snowboard Team
2016 - Present	**Medical Staff** Vancouver Whitecaps FC
2016 - Present	**Medical Staff** BC Lions Football Team
2017 - Present	**Medical Staff** Vancouver Canucks Hockey Team
2018	**Medical Staff** IIHF World Junior Hockey Tournament
2019	**Medical Staff** NBA Canada Series – Clippers vs Mavericks
2013- Present	**Pacific Orthopedics & Sports Medicine** Surgeon & Partner
2020 - Present	**Vancouver Hip Institute** Surgeon & Founding member
2021-Present	**BCOA Executive Committee Quality Council**
2022	**Scope BC – 1st Annual BC Arthroscopy Meeting** Co-Organizer & Host

PEER-REVIEWED PUBLICATIONS

1. McConkey MO, Temple CLF, McFadden S, Temple WJ. Autologous diaphragm reconstruction with the pedicled latissimus dorsi flap. Journal of Surgical Oncology 2006; 94: 248-251.
2. McConkey MO, Baslaim AM, Regan WD. Ipsilateral shoulder and elbow arthroplasty using custom interlocking prostheses. Clinical Orthopaedics and Related Research 2008; 466: 2548-2551.
3. Arneja S, McConkey MO, Mulpuri K, Chin P, Gilbart MK, Regan WD, Leith JL. Graft tensioning in anterior cruciate ligament reconstruction: A systematic review of randomized controlled trials. Arthroscopy 2009; 25: 200-207.
4. McConkey MO, Schwab TD, Travlos A, Oxland TR, Goetz T. Quantification of pronator quadratus contribution to isometric pronation torque of the forearm. American Journal of Hand Surgery 2009; 34: 1612-1617.
5. McConkey MO, Schwab TD, Travlos A, Oxland TR, Goetz T. Quantification of pronator quadratus contribution to isometric pronation torque of the forearm (Abstract). Journal of Bone and Joint Surgery - British Volume 2011; 93-B (Supp III): 252.
6. McConkey MO, Bonasia DE, Amendola A. Pediatric anterior cruciate ligament reconstruction. Current Reviews in Musculoskeletal Medicine 2011; 4: 37-44.
7. Mei-Dan O, McConkey MO, Brick M. Hip arthroscopy catastrophic failure due to iatrogenic instability: Can partial division of ligamentum teres and iliofemoral ligament cause subluxation? Arthroscopy 2012; 28: 440-445.
8. McConkey MO, Lyon CC, Bennett DL, Schoch BS, Britton CL, Amendola A, Wolf BR. Radiographic Sizing for meniscal transplantation using 3-D CT reconstruction. Journal of Knee Surgery 2012; 25: 221-226.
9. Mei-Dan O, McConkey MO, Brick MJ. [Response to letter to the editor] Hip arthroscopy catastrophic failure: What happened to the joint? Arthroscopy 2012; 28: 894-895.
10. Petretta R, McConkey MO, Slobogean GP, Broekhuyse HM. Incidence, risk factors, and diagnostic evaluation of post-operative fever in an orthopaedic trauma population. Journal of Orthopaedic Trauma 2013; 27: 558-562.
11. McConkey MO, Britton CL, Dunn WR, Flanigan DC, Amendola A, MOON Group, Wolf BR. Arthroscopic agreement among surgeons on anterior cruciate ligament tunnel placement. American Journal of Sports Medicine 2012; 40: 2737-2746.
12. Mei-Dan O, McConkey MO, Petersen B, McCarty E, Moreira B, Young DA. The anterior approach for non image guided intra-articular hip injection. Arthroscopy 2013; 29: 1025-1033.
13. Mei-Dan O, McConkey MO, Young DA. Hip arthroscopy distraction without the use of a perineal post: prospective study. Orthopedics 2013; 36: e1-5.

14. Mei-Dan O, Young DA, McConkey MO. Improved limb positioning and hip access during hip arthroscopy with articulated traction device. Arthroscopy Techniques 2013; 2: e51-54.
15. Mei-Dan O, McConkey MO, Knudsen JS, Brick MJ. Bilateral hip arthroscopy under the same anesthetic for patients with symptomatic bilateral femoroacetabular impingement: 1 year outcomes. Arthroscopy 2014; 30: 47-54.
16. Mei-Dan O, Lopez V, Carmont MR, McConkey MO, Steinbacher G, Alvarez PD, Cugat RB. Adductor tenotomy as a treatment for groin pain in professional soccer players. Orthopedics 2013; 36: 1-10.
17. Mascarenhas R, McConkey MO, Harner CD. Revision anterior cruciate ligament reconstruction with bone-patellar tendon-bone allograft and an extra-articular iliotibial band tenodesis. American Journal of Orthopedics 2015; 44: e89-93.
18. Young DA, McConkey MO, Mei-Dan O. Technique allows for hip arthroscopy distraction without perineal post. Orthopedics Today 2013; June.
19. Mei-Dan O, McConkey MO. A novel technique for ligamentum teres reconstruction with 'all-suture' in the medial acetabular wall. Arthroscopy Techniques 2014; 3: e217-221.
20. Laver L, Carmont MR, McConkey MO, Mann G, Neir N, Kots E, Mei-Dan O. Plasma Rich in Growth Factors (PRGF) as a treatment for high ankle sprains in elite athletes - A randomized controlled trial. Knee Surgery, Sports Traumatology. Arthroscopy 2015; 23: 3383-3392.
21. McConkey MO, Moreira, B, Mei-Dan O. Arthroscopic hip labral reconstruction and augmentation using knotless anchors. Arthroscopy Techniques 2015; 4: e701-705.
22. Mei-Dan O, Kark J, McConkey MO. Inside out: A novel labral repair and advancement technique. Arthroscopy Techniques 2014; 3: e241-244.
23. Pascual-Garrido C, McConkey MO, Young DA, Bravman JT, Mei-Dan O. Can hip arthroscopy be performed with conventional length instrumentation? Arthroscopy 2014; 30: 1588-1594.
24. Mei-Dan O, McConkey MO, Bravman J, Pascual-Garrido C. Percutaneous derotational femoral osteotomy for excessive femoral torsion. Orthopedics 2014; 37: 243-249.
25. Mei-Dan O, McConkey MO, Bravman J, Pascual-Garrido C. [Response to letter to the editor] Percutaneous derotational femoral osteotomy for excessive femoral torsion. Orthopedics.
26. Pascual-Garrido C, McConkey MO, Mei-Dan O. Arthroscopic anterior capsular reconstruction for recurrent instability. Arthroscopy Techniques 2015; 4: e711-715.
27. Knudsen JS, McConkey MO, Brick MJ. Endoscopic sciatic neurolysis. Arthroscopy Techniques 2015; 4: e353-358.

28. Pascual-Garrido C, McConkey MO, Mei-Dan O. The role of hip arthroscopy in investigating and managing the painful hip resurfacing arthroplasty. Arthroscopy 2016; 32: 459-466.e1.
29. McConkey MO, Chadayammuri V, Garabekyan T, Mayer SW, Kraeutler MJ, Mei-Dan O. Simultaneous Bilateral Hip Arthroscopy in Adolescent Athletes with Symptomatic Femoroacetabular Impingement. Journal of Pediatric Orthopedics 2019; *39*: 193–197.
30. Lodhia P, McConkey MO. If you perform hip arthroscopy, you should prophylax against heterotopic ossification. COA Bulletin 2018; 121: 37-38.
31. Lodhia P, McConkey MO, Leith JM, Maldonado DR, Brick MJ, Domb BG. Graft options in hip labral reconstruction. Current Reviews in Musculoskeletal Medicine 2021 Online ahead of print.
32. Foo GL, Knudsen JS, Bacon CJ, Mei-Dan O, McConkey MO, Brick MJ. Peri-operative platelet-rich plasma in arthroscopic femoroacetabular impingement surgery: a randomized controlled trial. *J Hip Preserv Surg*. Published online 2021:hnab001-. doi:10.1093/jhps/hnab001

BOOK CHAPTERS

1. McConkey MO, Abdulmassih S, Amendola A. (2013). High tibial osteotomy. In: Cole BJ, Sekiya JK, eds. Surgical Techniques of the Shoulder, Elbow & Knee in Sports Medicine. 2nd ed. New York: Elselvier.
2. Abdulmassih S, McConkey MO, Amendola A. (2013). Distal Femoral Osteotomy. In: Cole BJ, Sekiya JK, eds. Surgical Techniques of the Shoulder, Elbow & Knee in Sports Medicine. 2nd ed. New York: Elsevier.

RESEARCH IN PROGRESS

1. The DEFINE Investigators. DEfining parameters for surgical correction and outcomes for Femoroacetabular ImpiNgEment through consensus (DEFINE).
2. Hoffer AJ, Kingwell D, Leith JM, McConkey MO, Ayeni F, Lodhia P. Intra-articular soft tissue pathology of the postpartum hip: A systematic review.
3. Hoffer AJ, Peck G, Kingwell D, McConkey MO, Leith JL, Lodhia P. Single bundle hamstrings autograft preparation techniques for ACL reconstruction: A systematic review.
4. Crofts H, Porceviat C, McConkey MO, Leith JL, Lodhia P. Gender differences in outcomes following hip arthroscopy: A systematic review and meta-analysis.

ACADEMIC PRESENTATIONS

1. *Ipsilateral shoulder and elbow arthroplasty using custom interlocking prostheses.* MO McConkey, WD Regan
   UBC Orthopaedic Grand Rounds, Vancouver, BC, Mar 2008
2. *Isometric testing of pronation strength after paralysis of pronator quadratus with lidocaine.* McConkey MO, Schwab TD, Travlos A, Oxland TR, Goetz T.
   UBC Orthopaedic Update Research Day, Vancouver, BC, Oct 2008
3. Poster Presentation: *Isometric testing of pronation strength after paralysis of pronator quadratus with lidocaine.* McConkey MO, Schwab TD, Travlos A, Oxland TR, Goetz T.
   Orthopedic Research Society Annual Meeting, Las Vegas, NV, Feb 2009
4. Poster Presentation: *Graft tensioning in anterior cruciate ligament reconstruction: A systematic review of randomized controlled trials*. Arneja S, McConkey MO, Mulpuri K, Chin P, Gilbart MK, Regan WD, Leith JL.
   International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine (ISAKOS), Osaka, Japan, Apr 2009
5. *Isometric testing of pronation strength after paralysis of pronator quadratus with lidocaine.* McConkey MO, Schwab TD, Travlos A, Oxland TR, Goetz T.
   Canadian Orthopaedic Association Meeting, Whistler, BC, Jul 2009
6. *Isometric testing of pronation strength after paralysis of pronator quadratus with lidocaine.* McConkey MO, Schwab TD, Travlos A, Oxland TR, Goetz T.
   Canadian Orthopaedic Residents Association Meeting, Whistler, BC, Jul 2009
7. Poster Presentation: *Graft tensioning in anterior cruciate ligament reconstruction: A systematic review of randomized controlled trials*. Arneja S, McConkey MO, Mulpuri K, Chin P, Gilbart MK, Regan WD, Leith JL.
   Canadian Orthopaedic Association Meeting, Whistler, BC, Jul 2009
8. Poster Presentation: *Isometric testing of pronation strength after paralysis of pronator quadratus with lidocaine.* McConkey MO, Schwab TD, Travlos A, Oxland TR, Goetz T.
   American Society for Surgery of the Hand Annual Meeting, San Francisco, CA, Sep 2009
9. Poster Presentation: *Graft tensioning in anterior cruciate ligament reconstruction: A systematic review of randomized controlled trials*. Arneja S, McConkey MO, Mulpuri K, Chin P, Gilbart MK, Regan WD, Leith JL.
   Arthroscopy Association of North America, 29th Annual Meeting, Hollywood, FL, May 2010
10. *Patellofemoral Instability*. McConkey MO, Bollier MB.
    University of Iowa Orthopaedic Grand Rounds, Iowa City , IA, Feb 2011
11. *Incidence, risk factors, and diagnostic evaluation of post-operative fever in an orthopaedic trauma population*. Petretta R, McConkey MO, Slobogean GP, Broekuyse HM.
    UBC Orthopaedic Update Research Day, Vancouver, BC, May 2011

12. *Radiographic Sizing for meniscal transplantation using 3-D CT reconstruction.* McConkey MO, Lyon CC, Bennett DL, Schoch BS, Britton CL, Amendola A, Wolf BR. Big 10 Society Annual Meeting, San Diego, CA, Jul 2011
13. Poster Presentation: *Incidence, risk factors, and diagnostic evaluation of post-operative fever in an orthopaedic trauma population.* Petretta R, McConkey MO, Slobogean GP, Broekuyse HM.
Orthopaedic Trauma Association Annual Meeting, San Antonio, TX, Oct 2011
14. *Knee Pain in the Hawkeye State…* McConkey MO.
Oregon Health and Science University Orthopaedic Rounds, Portland, OR, Aug 2011
15. *Approach to patellar instability.* McConkey MO.
University of Calgary Knee Rounds, Calgary, AB, Apr 2012
16. *Osteoarticular lesions of the knee and shoulder.* McConkey MO.
University of Calgary Grand Rounds, Calgary, AB, Apr 2012
17. *Poor agreement amongst surgeons arthroscopically evaluating anterior cruciate ligament tunnel placement.* McConkey MO, Amendola A, MOON group, Wolf BR.
Canadian Orthopaedic Association Meeting, Ottawa, ON, Jun 2012
18. *Simultaneous bilateral hip arthroscopy for subjects with symptomatic bilateral femoroacetabular impingement.* Mei-Dan O, McConkey MO, Knudsen JS, Brick MJ.
International Society for Hip Arthroscopy Annual Scientific Meeting, Boston, MA, Sep 2012
19. *The anterior approach for a non image guided intra-articular hip injection.* Mei-Dan O, McConkey MO, Moreira B, Young D.
International Society for Hip Arthroscopy Annual Scientific Meeting, Boston, MA, Sep 2012
20. *Simultaneous bilateral hip arthroscopy for subjects with symptomatic bilateral femoroacetabular impingement.* Mei-Dan O, McConkey MO, Knudsen JS, Brick MJ.
Arthroscopy Association of North America Annual Meeting, San Antonio, TX Apr 2013.
21. Poster Presentation: *The anterior approach for a non image guided intra-articular hip injection.* Mei-Dan O, McConkey MO, Moreira B, Young D.
Arthroscopy Association of North America Annual Meeting, San Antonio, TX Apr 2013
22. Poster Presentation: *Simultaneous bilateral hip arthroscopy for subjects with symptomatic bilateral femoroacetabular impingement.* Mei-Dan O, McConkey MO, Knudsen JS, Brick MJ.
International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine (ISAKOS), Toronto, ON, May 2013.
23. *The anterior approach for a non image guided intra-articular hip injection.* Mei-Dan O, McConkey MO, Moreira B, Young D.
International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine (ISAKOS), Toronto, ON, May 2013.

24. *Simultaneous bilateral hip arthroscopy for subjects with symptomatic bilateral femoroacetabular impingement.* McConkey MO, Mei-Dan O, Knudsen JS, Brick MJ. Canadian Orthopaedic Association Meeting, Winnipeg, MB, Jun 2013.
25. *The anterior approach for a non image guided intra-articular hip injection.* McConkey MO, Mei-Dan O, Moreira B, Young D. Canadian Orthopaedic Association Meeting, Winnipeg, MB, Jun 2013.
26. *Assessment of hip joint depth at three targeted points: Implications for hip arthroscopy instrumentation.* Pascual-Garrido C, McConkey MO, Young DA, Bravman JT, Mei-Dan O. American Orthopedic Society for Sports Medicine Annual Meeting, Seattle, WA, July 2014.
27. ePoster Presentation: *Can hip arthroscopy be performed with conventional knee length instrumentation.* Pacual-Garrido C, McConkey MO, Young DA, Bravman JT, Mei-Dan O. International Society for Hip Arthroscopy Annual Meeting, Rio de Janeiro, Brazil, 2014
27. *Current assessment and management of meniscal injury*. McConkey MO. St Paul's Hospital CME Conference for Primary Care Physicians, Vancouver, BC, Nov 2014.
28. *Current topics in sports medicine & OA. Ossur Primary Care Instructional Meeting. North Vancouver, BC October 2015.*
29. *ACL Primary Repair*. McConkey MO. Arthrex Knee and Shoulder Travelling Road Show, Vancouver, BC, July 2016.
30. *Which tendon ruptures require surgical repair?* McConkey MO. St Paul's Hospital CME Conference for Primary Care Physicians, Vancouver, BC, Nov 2016
31. *Management of non-arthritic hip pain: Does hip arthroscopy have a role?* UBC Department of Orthopaedic Surgery Grand Rounds, Vancouver, BC, Jan 2017.
32. *Simultaneous bilateral hip arthroscopy in adolescent athletes with symptomatic femoroacetabular impingement.* American Academy of Orthopaedic Surgeons Annual Meeting, San Diego, CA, March 2017.
33. ePoster: *Simultaneous bilateral hip arthroscopy in adolescent athletes with symptomatic femoroacetabular impingement.* AANA Annual meeting, Denver CO, May 2017.
34. *Hip pain: the role of hip arthroscopy*. Ossur Primary Care Instructional Meeting. North Vancouver, BC. April 2017.
35. *Non-arthritic hip pain: The role of hip arthroscopy*. Allan McGavin Sports Medicine Rounds. October 2017.
36. *Treatment of ACL tears –State of the Art.* UBC Orthopaedic Update, Vancouver, BC. May 2018.
37. *Non-arthritic hip pain: The role of hip arthroscopy*. Allan McGavin Sports Medicine

Fellow Lectures. May 2019.

38. *Indications for Knee MRIs*. St Paul's CME Conference, Vancouver, BC. November, 2019.
39. *Femoroacetabular Impingement*. UBC Orthopaedics Resident Academic Day, Vancouver, BC. December 2019.
40. *Diagnosis and Management of Multiligament Knee Injuries*. UBC Orthopaedic Grand Rounds, Vancouver, BC. January 2020.
41. *Non-arthritic hip pain: The role of hip arthroscopy*. Allan McGavin Sports Medicine Fellow Lectures. June 2020.
42. *Non-arthritic hip pain: The role of hip arthroscopy*. Allan McGavin Sports Medicine Fellow Lectures. February 2021.
43. *Orthopedic Trauma cases: LGH ER Dine and Learn. Feb 2021.*
44. *Meniscus: Resect, Repair, Replace?* UBC Orthopaedic Grand Rounds, Vancouver, BC. March 2021.
45. *Multiligament Knee Injuries.* UBC Orthopaedic update, Vancouver, BC. May 2021.
46. Chair. *Instruction Course Lecture. Conversion to THA: A Treatment Path or a Treatment Failure? ISAKOS Biannual Meeting, Cape Town, South Africa. November 2021. Online due to COVID.*
47. Poster: *Intra-articular Soft Tissue Pathology of the Postpartum Hip: A Systematic Review*. ISHA Annual Scientific Meeting. December 2021. Las Vegas, United States.
48. Hoffer A, Kingwell D, Leith JM, McConkey MO, Ayeni O, Lodhia P. *Intra-articular Soft Tissue Pathology of the Postpartum Hip: A Systematic Review*. COA Annual Meeting. June 2022, Quebec City, Canada
49. E-poster. Hoffer A, Kingwell D, Leith JM, McConkey MO, Ayeni O, Lodhia P. *Intra-articular Soft Tissue Pathology of the Postpartum Hip: A Systematic Review*. CORA Annual Meeting. June 2022, Quebec City, Canada.
50. Hoffer A, Peck G, Kingwell D, McConkey MO, Leith JM, Lodhia P. *Single bundle hamstrings autograft preparation techniques for ACL reconstruction: A systematic review*. COA Annual Meeting. June 2022, Quebec City, Canada. Submitted.
51. Hoffer A, Peck G, Kingwell D, McConkey MO, Leith JM, Lodhia P. *Single bundle hamstrings autograft preparation techniques for ACL reconstruction: A systematic review*. CORA Annual Meeting. June 2022, Quebec City, Canada. Submitted
52. E-Poster. Crofts H, Proceviat C, Leith JM, McConkey MO, Ayeni O, Lodhia P. *Sex differences in outcomes following hip arthroscopy: A systematic review and meta-analysis*. CORA Annual Meeting. June 2022. Quebec City, Canada. Submitted.
53. *Complex Shoulder and Knee Cases.* Scope BC – 1st Annual BC Arthroscopy meeting. Kelowna, BC May 2022.

CONFERENCES & COURSES ATTENDED

05/2005	UBC Orthopaedic Update, Vancouver, BC
05/2006	UBC Orthopaedic Update, Vancouver, BC
05/2007	UBC Orthopaedic Update, Vancouver, BC
10/2007	AO Basic Principles & Techniques of Operative Fracture Management, Denver, CO
05/2008	UBC Orthopaedic Update, Vancouver, BC
06/2008	Canadian Orthopaedic Residents Association Meeting, Quebec City, QC
06/2008	American Orthopedic Association Meeting, Quebec City, QC
06/2008	63rd Canadian Orthopaedic Association Meeting, Quebec City, QC
02/2009	Orthopaedic Research Society, Annual Meeting, Las Vegas, NV
04/2009	Alpine Canada Alpin Medical Meeting, Whistler, BC
04/2009	UBC Orthopaedic Update, Vancouver, BC
07/2009	Canadian Orthopaedic Residents Association Meeting, Whistler, BC
07/2009	64th Canadian Orthopaedic Association Meeting, Whistler, BC
10/2009	Canadian Orthopaedic Association Basic Science Course, Winnipeg, MB
03/2010	American Academy of Orthopaedic Surgeons Annual Meeting, New Orleans, LA
03/2010	23rd Ste-Justine Pediatric Orthopedic Review Course, Montreal, QC
05/2010	UBC Orthopaedic Update, Vancouver, BC
08/2010	MOON Fellows Conference, Columbus, OH
12/2010	26th Annual Hawkeye Sports Medicine Symposium, Iowa City, IA
02/2011	American Academy of Orthopaedic Surgeons Annual Meeting, San Diego, CA
03/2011	Early Intervention Solutions: Zimmer PFJ & Uni Knee, Seattle, WA
05/2011	Smith & Nephew Fellows Meeting: The Wider Scope of Arthroscopy, Andover, MA
06/2011	Arthrex Fellowship Completion Forum, Naples, FL
07/2011	American Orthopaedic Society for Sports Medicine Annual Meeting, San Diego, CA
06/2012	67th Canadian Orthopaedic Association Meeting, Ottawa, ON
04/2013	Acumed Upper Extremity Trauma Course, Los Angeles, CA
04/2013	Alpine Canada Alpin Medical Meeting, Whistler, BC
06/2013	68th Canadian Orthopaedic Association Meeting, Winnipeg, MB
06/2013	University of Colorado Hip Preservation Research/Clinical Observership, Denver, CO
09/2013	Arthrex Surgical Skills Knee & Shoulder Roadshow, Whistler, BC
10/2013	Arthrex Hip Arthroscopy Course, Scottsdale, AZ
10/2013	AO Advanced Principles & Techniques of Operative Fracture Management, La Jolla, CA
04/2014	Stryker International Principles of Hip Arthroscopy, La Jolla, CA
06/2014	69th Canadian Orthopaedic Association Meeting, Montreal, QC

06/2014	American Orthopedic Association Meeting, Montreal, QC
10/2014	Fowler Kennedy Sports Medicine Series - Going Knee Deep: Advanced Discussion & Complex Cadaveric Workshop, London, ON
10/2014	Depuy Synthes British Columbia Orthopaedic Trauma Update, Vancouver, BC
01/2015	Arthrex Hip Arthroscopy Course, Vail, CO
05/2015	Linvatec Shoulder Arthroscopy Course, Vancouver, BC
05/2015	Acumed Upper Extremity Surgical Skills, Portland, OR
06/2015	ISAKOS biannual meeting, Lyon, France
07/2015	Musculoskeletal Ultrasound Course, Las Vegas, USA
10/2015	Shoulder arthroscopy course "The Cowboy Way", San Antonio, TX
01/2016	Smith & Nephew Vail Hip Symposium, Vail, CO
04/2016	Arthrex National Futures Meeting, Naples, FL
07/2016	American Orthopaedic Society for Sports Medicine Annual Meeting, Colorado Springs, CO
07/2016	Arthrex Knee & Shoulder Travelling Road Show, Vancouver, BC
02/2017	Arthrex Complex Knee reconstruction Lab, Instructor, Vancouver, BC
05/2017	UBC Orthopaedic Update, Vancouver, BC
11/2017	Arthroscopy Association of North America Fall Meeting, Palm Desert, CA
04/2018	Arthrex West Coast Sports Medicine OTIF, La Jolla, CA
06/2018	73rd Canadian Orthopaedic Association Meeting, Victoria, BC
05/2018	UBC Orthopaedic Update, Vancouver, BC
12/2018	Arthrex Superior Capsular Reconstruction Lab
3/2019	Stryker Advanced Hip Arthroscopy Course
4/2019	Arthrex West Coast Sports Medicine OTIF, La Jolla, CA
5/2019	ISAKOS biannual meeting, Cancun, Mexico
2/2020	Arthrex Advanced Hip Arthroscopy Course & Lab, Newport Beach, CA
9/2021	Schatzker Trauma Meeting, Kelowna, BC
11/2021	ISAKOS Biannual Meeting, Cape Town, South Africa. Online due to COVID
05/2022	UBC Orthopaedic Update, Vancouver, BC
05/2022	Scope BC, Kelowna, BC.
06/2022	77th Canadian Orthopaedic Association Meeting, Quebec City, QC
07/2022	American Orthopaedic Society for Sports Medicine Annual Meeting, Colorado Springs, CO
10/2022	International Society for Hip Arthroscopy Annual Meeting, Glasgow, Scotland